

WHO NEEDS IT?

- Sport climbers to the next level!
- Aspirant guides

FACTS

- Teaches you to climb long sport climbs safely and efficiently
- Multiple abseil skills
- Self rescue
- Buddy rescue

WHAT IT TAKES

- You must already be leading sport routes
- You must be able to do basic abseils

<u>INFO</u>

- 2 Day course
- Takes place at Swinburne and Eagle Rock, Harrismith, Free State
- We climb long routes such as Long Bolt to Freedom and Fight the Feeling